Sexual Health Inventory For Men (SHIM)

Instructions

Each question has 5 possible responses. Circle the number that best describes your own situation. Select only 1 answer for each question.

Over' the past 6 months:

1. How do you rate your confidence that you could keep an erection?

Very low

2
Low

3
Moderate

4

High

5

Very high

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?

Almost never
or never

2
A few times
(much less than
half the time)

3
Sometimes

(about half
the time)

4
Most times
(much

always
or always

3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?

Almost never;
or never ha346to muchBT /Suspect <</Conf 0 >>BDC /T1_1 1 Tf 8.5668 0 03786 457.47 421Td 4Tm 60 8
time)

3
Sometimes
(about half
the time)

4
Most times
(much more than
half the time)

5

Almost always'
or always

4. During sexual intercourse, how difficult wasit to maintain your erection to completion of intercourse?

1 2 3 4 5

Extremely difficult Very difficult Difficult Slightly difficult

5. When you attempted sexual intercourse, how often was it satisfactory' for you?

Almost never
or never

2
A few times
(much less than
half the time)

3
Sometimes

(about half
the time)

4
Most times
(much more than
half the time)

Not difficult

5

Almost always
or always

Adapted with permission from: Rosen Re. Cappelleri JC, Smith MD, Lipsky J,. Pena BM. Development and evaluation of an abridged, 5·item version of the International Index of Erectile Dysfunction (IIEF-5) as a diagnostic tool for erectile dysfunction. Int J Impol Res. 1999;11:319-326. hUp:llwww.nature.com.